



Ochre Park School

Phone 780 942-2901 Email opark@sturgeon.ab.ca

Feb. 2022

Message from the Principal

As we enter the month of February, we see many continual challenges in our world, from various weather patterns to a significant rise in Covid-19 cases. While we have no control over our weather, I have heard several people talk about an abnormal amount of freezing rain this winter. We can only hope that brighter days are on their way and that we can get through the next month without too much disruption. As for the rise in Covid-19 cases, please know that we are doing all that we can to keep your children safe and protected from this awful virus. Our school has been hit hard with cases in both students and staff, and that has caused the month of January to be a very different month of learning at our school. We recognize that everyone is doing their best. We ask that everyone continue to be strong and we are confident that we will get through this together. We thank everyone for their patience and understanding and we are confident that brighter days are on their way. We have some exciting things happening at our school in February!

First of all, we are very excited to share that our students have been booked to go skating over the coming weeks. Each student in grade 1-4 will have the opportunity to skate twice and each student in ECS will get to go once. This will come at no cost to parents, as the Town of Redwater has told us that we are able to go at no charge and our Ochre Park Parent Society has agreed to cover the cost of bussing. I'm confident our students will be excited to go.)

As we move forward, our planning for the 2022-2023 school year is underway. We have begun to gather pieces that are needed in the process and one of those is our best prediction of our student population for next year. We will host our virtual Open House on Tuesday, Feb. 15 for our Pre-K (6:00 - 6:30) and our K (6:45 - 7:15). While entry into the Pre-K is a process where students must qualify, we are more than willing to welcome those students who fit the age requirement for our ECS program. We are so looking forward to what we hope is a return to normal and a much brighter future where we can have parents and guests in our school like we once did. To be added to the list of parents who will receive the link for these Open Houses, please contact our school office. The links will be sent out in the days prior to Feb. 15.

Our 800 hour program for Pre-K and K have been operating, but have seen some adjustments due to various student and staff absences. We are hopeful that this will take shape in February and that those students who require the extra help are able to obtain it. Thank you again for all your hard work as parents for working with us to provide the best possible education for your child.

Our intervention in Gr. 2 and 3 has been going well. We have assessed our Gr. 1 students in literacy and numeracy and are currently working on a plan as to how we can best support those students who require extra help.

We certainly welcome the nice weather we have gotten lately. It has been a nice change from the deep cold temperatures we were getting earlier this winter. We hope everyone has a great month in February. If anyone has any questions or concerns at any time, please feel free to contact me.

Mr. Anhorn
Principal



COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR CHILDREN UNDER 18)

Overview

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada

If your child has received a message from Public Health indicating that they are a case⁴ of COVID-19 or if your child has tested positive on [a rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

Screening Questions for Children under 18:

1.	Has your child been a household contact of a case ⁴ of COVID-19 in the last 14 days? <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.</i>	YES	NO
<p>If child answered "YES" AND they are NOT fully immunized⁵:</p> <ul style="list-style-type: none"> Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms <p>If child answered "YES" and they are fully immunized⁵ proceed to question 2:</p> <p>If child answered "NO" to question 1, proceed to question 2</p>			
2.	Does the child have any new onset (or worsening) of the following core symptoms:		
	Fever Temperature of 38 degrees Celsius or higher	YES	NO
	Cough Continuous, more than usual, not related to other known causes or conditions such as asthma	YES	NO
	Shortness of breath Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	YES	NO
	Loss of sense of smell or taste Not related to other known causes or conditions like allergies or neurological disorders	YES	NO
<p>If the child answered "YES" to any symptom in question 2:</p> <ul style="list-style-type: none"> If the child is fully immunized⁵ they are required to isolate for 5 days from onset of symptoms or until symptoms resolve³ whichever is longer. They must wear a mask for up to 5 days after their isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) OR If they are NOT fully immunized⁵, they must isolate for 10 days from the onset of symptoms or until they resolve³ whichever is longer OR Until symptoms resolve³ if they receive a negative PCR COVID-19 test OR Until symptoms resolve³ if they receive two negative rapid antigen tests, with at least 24 hours between tests 			

³ Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

⁴ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

⁵ A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series

COVID-19 INFORMATION

COVID-19 ALBERTA HEALTH DAILY CHECKLIST (FOR ADULTS 18 YEARS AND OLDER)

Overview

This tool was developed to support Albertans in protecting others and reducing the risk of transmission of COVID-19. Adults 18 years and older can complete this checklist every day to self-monitor for symptoms of COVID-19.

If you have traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case after arrival in Alberta should follow isolation requirements outlined by Government of Canada.

If you have received a message from Public Health indicating that you are a case¹ of COVID-19 or if you have tested positive on [a rapid test](#), you are required to isolate as per current [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

Screening Questions for Adults 18 Years and Older:

1.	Have you been a household contact of a case ¹ of COVID-19 in the last 14 days? <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who is a caregiver or an intimate or sexual partner of a COVID-19 case.</i>	YES	NO
<p>If you answered "YES" AND you are NOT fully immunized²:</p> <ul style="list-style-type: none">You should stay home for 14 days from the last day of exposure and monitor for symptoms. <p>If you answered "YES" AND you are fully immunized² proceed to question 2:</p> <p>If you answered "NO" to question 1, proceed to question 2</p>			

¹ A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

² A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (i.e., Janssen vaccine)

2.	Do you have any new onset (or worsening) of the following symptoms:		
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of breath	YES	NO
	• Runny nose	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Nasal congestion	YES	NO
	• Feeling unwell / fatigued	YES	NO
	• Nausea / vomiting / diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle / joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (commonly known as pink eye)	YES	NO

If you answered "YES" to any symptom:

- Stay home.
- You can use an [at-home rapid test](#) if available or the [AHS Online Assessment Tool](#) or call Health Link 811 to arrange for testing and to receive additional information on isolation.

If you have fever, cough, shortness of breath, runny nose, sore throat or loss of sense of taste or smell, you are required to isolate as per the current [CMOH Order](#):

- If you are fully immunized² you must isolate for 5 days from the onset of symptoms or until they resolve³ whichever is longer. You must wear a mask for up to 5 days after your isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) **OR**
- If you are NOT fully immunized², you must isolate for 10 days from the onset of symptoms or until they resolve³ whichever is longer **OR**
- Until symptoms resolve³ if you receive a negative PCR COVID-19 test **OR**
- Until symptoms resolve³ if you receive two negative rapid antigen tests, with at least 24 hours between tests.

If you answered "NO":

- You may attend work, school, and/or other activities.

² A person who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series or one dose in a one dose series (i.e. Janssen vaccine)

³ Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

Upcoming Events and Reminders!

- ICE SKATING FIELDTRIPS to Pembina Place! Dates, times and volunteer information will be forthcoming from your child's teacher.

- Learn about and register your children at Ochre Park's Pre-K and Kindergarten Virtual Open House on February 15, 2022.



Pre-K 6:00—6:30 pm, Kindergarten 6:45— 7:15 pm. Please call 780-942-2901 to enroll.

- Parent Teacher Interviews will occur on Tuesday, March 22 and Wednesday, March 23, 2022. A form will be sent home to schedule your interview.

Free Lunch Friday: No Snack is provided on this day, please ensure your child has a snack packed. Also, on hotdog days, one hotdog per student is prepared. If your child needs more lunch, please pack extra snacks on that day. You can find the snack and lunch menu on the calendar in our monthly newsletter as well as on the Ochre park website calendar.

The students of OCHRE PARK SCHOOL need your help



FUNDRAISING



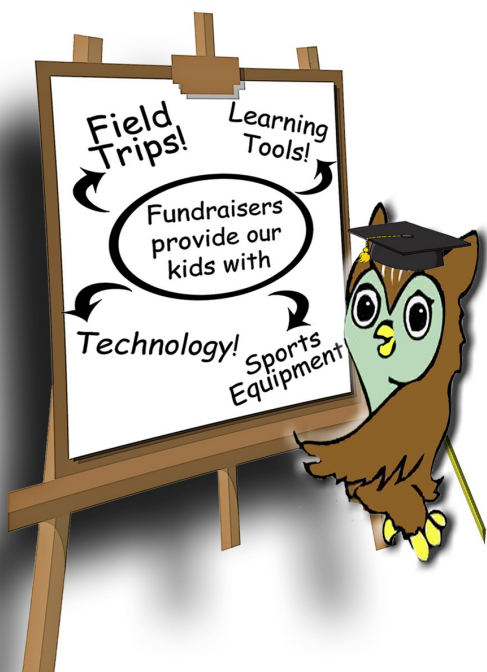
Everyone's Favourite Fundraiser Is Back!



Our upcoming Purdy's fundraiser will run from February 25th to April 14th. More information will come home shortly in your child's mailbag.



Be one of two top selling families to win a prize gift card!



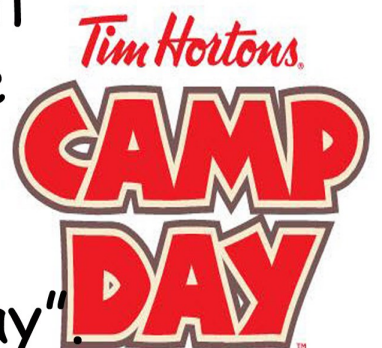
Reminder:

Council minutes are now posted on the Ochre Park Website in the Parent Zone area.

We at Ochre Park School would like to say a huge THANK YOU to our local Tim Hortons for so generously offering to provide Valentines Day goodies for all of our students!



Please be sure to get out and support them while they help others with their upcoming "Smile Cookie Day" and "Camp Day".



Counsellor's Corner

Pink Shirt Day – Wednesday, February 23, 2022

Pink Shirt Day is about working together to celebrate diversity and promote positive social relationships. It is about creating a community where all people feel safe, valued and respected, regardless of age, gender, ability, or cultural background.

Celebrated annually around the globe, Pink Shirt Day began in Canada in 2007 when two students, David Shepherd and Travis Price, took a stand to support another student who was harassed and threatened for wearing pink. David and Travis bought dozens of pink shirts and distributed them to their male classmates to wear the next day. The word got out online and hundreds of students showed up in pink, some from head-to-toe, in support of their friend.

This year's slogan for Pink Shirt Day is Lift Each Other Up. I am looking forward to seeing a sea of pink as a symbol of kindness on February 23, 2022 at Ochre Park School.

As always, if you have any questions, please call me at the school (780-942-2901) or email me at Jennifer.Geleta@sturgeon.ab.ca

Sincerely,

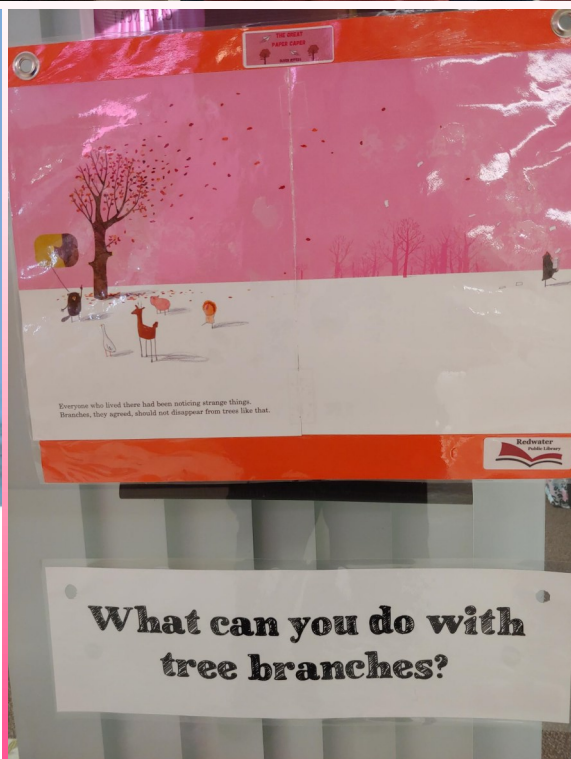
Mrs. Geleta



Congratulations to January's Students of the Month!

1G– Kaylee
1/2T– Rebecca
2B– Kylie
3W– Zachary
3/4 G– Shelby
4H– Linden

Students participated in a Book Walk put on by Redwater Public Library. “The Great Paper Caper” took students on an engaging adventure around the school where they were given clues to discover whodunit while learning the importance of conservation and recycling.



Daily arrival & Dismissal- please remember that if you are dropping off your children or they are getting to school on their own, students should not be arriving before 8:35. Our school buses start letting children off the buses at 8:35 and that is when we have supervision in place. There is no supervision before this time. We are also asking children to refrain from playing on the playground equipment when they arrive in the morning as there is no supervision. After dismissal at 3:05, only children with parental supervision should be playing on the playground. Thanks for your help in keeping our children safe.



Nut Allergies Please be aware that Ochre Park School has students with severe NUT ALLERGIES. We ask everyone's cooperation to minimize the risks that these children face on a daily basis. Please TRY NOT to include any items containing nuts or nut by- products in snacks or lunches sent to school. Thank You for your attention to this very important matter!



House Leagues - we continue to run our house leagues as a way to promote a sense of belonging and school spirit. All students will remain on the same teams they were on last year. All new students to the school will be added to teams. Your child should be able to tell you their team color. We will have color day every Friday. Students can earn points for their team by wearing their team color, earning caught being good ribbons, or participating in intramurals.

Fountains- Students are allowed to use the water fountains as water fill stations only. Please ensure your child has a water bottle for school each day. It will be sent home every day to be washed.

WATER BOTTLES!



Visiting the School - School doors are locked during the day to restrict access to essential workers and visitors. If you have an appointment to come in- to the school, you must use the QR code posted on the door and follow the check in process which includes the screening questionnaire. Then you will phone the office to gain access to the school. Everyone entering the building must wear a mask.



Get Outside & **Celebrate Family Day**

Monday, February 21
Noon – 4:00 pm
Cardiff Hall
Admission is FREE

Donations to the Food Bank are welcomed.
(Personal care items are in need.)

- **Free Snacks & Hot Chocolate**
- **Bring your ice skates & sleds!**
- **Horse-drawn sleigh rides!**
- **See Elsa, Anna and Olaf characters!**

This event is an all outdoors celebration!
There will be games of snow-pitch,
ice skating on the rink, tobogganing down
the hill and snowshoeing across the fields
(free snowshoe rentals provided).

sturgeoncounty.ca/familyday

*Participants must follow all current public health orders issued by the Government of Alberta.

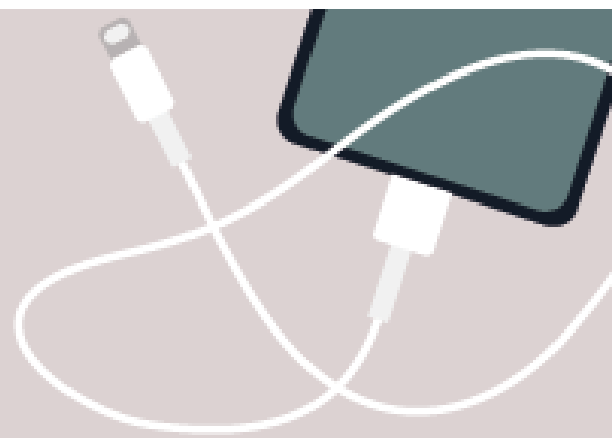


Join the
**Family Day
Unplugged
Challenge**

Disconnect to reconnect.

Family Day Unplugged Challenge

February 18 – 21, 2022
Enter to win a prize!



Name: _____

Phone Number: _____

Email: _____

Address: _____

of Family who Unplugged: _____ Total hours Unplugged: _____

What activities did you do instead of screen time?

Did you feel more connected to your family, friends or community as a result of participating in Family Day Unplugged? ☐ YES ☐ NO

Did you enjoy being "unplugged"? ☐ YES ☐ NO

Drop off ballots:

Sturgeon County FCSS
9608 100 Street
Morinville, Alberta T8R 1V4

OR

Log hours online:



Use your
smartphone's
camera.

www.surveymonkey.com/r/KQSD95N

The personal information you provide is for the purpose of registering and participating in the Family Day Unplugged Competition and is collected under the authority of section 33(c) of the Freedom of Information and Protection of Privacy Act. If you have any questions about the collection and use of this information, please contact the Sturgeon County Access and Privacy Coordinator at 9613 - 100 Street, Morinville, Alberta, T8R 1L9, by phone at 780-939-4321 or at foip@sturgeoncounty.ca.

Family and Community Support Services
780-939-8334
programs@sturgeoncounty.ca





Feb. 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	K1 4	5
		Cereal, Hard boiled Egg, Fruit	Yogurt and Berries	Turkey Pepperoni, Cheese, Crackers, Fruit	Free Lunch Friday! Ched- dar Potato Soup Wear your Team Color	
6	7	8	9	10	11	12
	Cereal, Hard Boiled Egg, Fruit	Muffins and Melon	Smoothie and Cereal Bar	Teacher's Convention No School		
13	14	15	16	17	K2 18	19
	Assorted Fruit and Timbits! Valentine's Day	Yogurt and Berries Pre-K and Kind- er Virtual Open House 6:00 pm and 6:45 pm	Veggies, Hummus, Crackers	Fruit Sal- ad, Cereal Bar 100th Day of School!	Free Lunch Friday! 1 Hot Dog and Carrot Sticks Senior Day	
20	21	22	23	24	K1 25	26
	FAMILY DAY No School 	Cereal, Hard boiled Egg, Fruit	Muffins and Melon Pink Shirt Day	Smoothie and Cereal Bar	Free Lunch- Friday! Taco Salad Sunglasses Day	
27	28					
	Cereal, Hard Boiled Egg, Fruit		2% milk available each day			